



Cabarrus County 4-H Newsletter April 2008

Cabarrus County Center
715 Cabarrus Avenue West
Concord, NC 28027
Office Hours: 8am-5pm, Monday-Friday
Phone: 704 920-3310 Fax: 704 920-3323
4-H Website: www.cabarruscounty4H.com
Extension Website: www.ces.ncsu.edu/cabarrus

Mark Your Calendar!

County Activity Days
May 13 and 15, 6:00 – 8:00 p.m.

This is the time 4-H'ers will make presentations and give speeches. Remember that the top two presentations in each category will represent Cabarrus County at District Activity Day June 25 in Iredell County. You may develop a presentation in the following areas.

Tuesday, May 15

Peanut Foods
Pork Cookery
Beef Char Grill
Turkey Barbeque
Chicken Barbeque
Breads
Dairy Foods
Egg Cookery
Fruit and Vegetable Use
Health and Fitness
Safety
Personal Development
Fabric and Fashion Design
Interior Design and Home Space
Forestry and Wildlife
Fisheries/Aquatic Resources
Bugs and Bees

Thursday, May 17

Electric
Wheels and Engines
Science and Technology
Landscaping
Horticultural Production/Marketing
Crop Production
Plant Science – Artistic Arrangement
Horse Public Speaking
Public Speaking
Photography and Video Production
Livestock/Dairy Production
Poultry
Veterinary Science
Soil and Water Conservation
Expressive Arts and Communication

If you will be participating in County Activity Day, please e-mail Heather (hrjones@cabarruscounty.us) or call (704-920-3310) with the following information: name of 4-H'er, age as of January 1 and presentation category.

4-H Calendar

- Apr. 4, Presentation workshops 1:00 & 6:30pm
- Apr. 4, WHEP registration deadline
- Apr. 11-13, Target Shooting Sports Volunteer training
- Apr. 19, NC 4-H Horse Judging & WHEP contest
- Apr. 22, NC 4-H Gala, Raleigh
- Apr. 25, Expressive Arts entry forms due
- May 1, State 4-H Equine Artistic Expression and Creative Writing contest entries due & Citizenship NC Focus registration deadline
- May 15, ARI, Raleigh
- May 17-18, SWD Horse Show
- May 26, Memorial Day, Office Closed
- May 28, Career Poster contest entries due
- Jun. 2, Jr. 4-H camp balance due
- June 15-21, Horsemanship camp
- June 16-18, Citizenship NC Focus
- Jun. 25, SWD Activity Day, Iredell County
- June 30, Poultry Posters due
- July 3, NC Congress registration deadline
- July 4, Independence Day, Office Closed
- July 9, Horse Communication Contest
- July 10-13, State Horse Show, Raleigh

New for 2008

4-H Clubs and individual 4-H'ers will have new opportunities to win awards for 2008. A **Recruitment Award** will be given to the club and individual who recruits the most new members. The new members will have to have an enrollment and medical form turned in to the 4-H office. Additionally, an **Attendance Award** will be given to the club with the highest attendance at county council. The Community Service Club of the Year and Project Record Book Completion Club of the Year will continue to be awarded. Each club and 4-H'er is encouraged to participate in a variety of 4-H opportunities and do the best you can in all that you do.





SUMMER FLING 2008

Brochures can be found at www.cabarruscounty4h.com and participants may register at:

<http://www.cabarruscounty.us/ReservePartner/?c=Common/Home>

Full-day, week-long programming available in addition to part-day, individual classes.

Animals * Expressive Arts * Swimming * Wildlife * Cooking * Hiking * Racing * Canoeing * Mini-Society

Fashion Revue Judging

Cooperative Extension Office

April 24, 2008

3:00 p.m. – 6:00 p.m.

All youth entering the fashion revue contest must complete the enclosed form and return it to Heather by April 21. Participants ages 5 – 8 will be awarded a participation ribbon. Participants ages 9 – 18 will be awarded ribbons and winners will receive gifts. The top two seniors will represent Cabarrus County at the state 4-H Fashion Revue.

Spirit of the Arts

**North Carolina 4-H Lifetime
Achievement Awards Gala**

Tuesday, April 22, 2008

**Progress Energy Center for the
Performing Arts**

Raleigh, North Carolina

A Day In with 4-H

Monday, April 7

8:30 a.m. – 4:30 p.m.

Cooperative Extension Office

\$15 and bring your own lunch

Activities will be related to agriculture in our lives.

Go to

<http://www.cabarruscounty.us/ReservePartner/?c=Common/Home>
to register.

Expressive Arts Celebration

May 1, 2008

Concord Public

Library Auditorium

6:30 p.m.

Come express your talent!
Entry forms are enclosed in
the newsletter. Please
complete and return to the
4-H office by April 25th.

Community Service Opportunity

Summer Readers' Festival at the Cabarrus County Arena and Events Center
Wednesday, July 30, 2008 from 10:00 – 1:00

Cabarrus County 4-H will have a booth at this event. It will be an opportunity for us to share information about who we are and what we do. Volunteers are needed to serve at the booth and also to assist children with carnival-type games. Please contact Heather if you are interested in this service opportunity.

Below is a link to the **2008 SWD 4-H Horse Show Website**. On this site you will find the entire show packet.

<http://www4.ncsu.edu/~amlee4/project.htm>

NC 4-H Horse Program Winter 2008 Newsletter

http://www.cals.ncsu.edu/an_sci/extension/horse/4h_Horse/PDF_Files/2008%20winter-repaired.pdf



Presentation Workshop

Friday, April 4, 2008

1:00 – 2:30 or 6:30 – 8:00

Come learn what it takes to give a great presentation. Presentation guidelines, policies and tips will be shared. A 4-H'er will share a presentation as well.





Jr. 4-H Camp @ Millstone 4-H Center August 3 – 8, 2008

4-H Camp is an educational and recreational experience campers will always remember. Millstone 4-H Center is accredited by the American Camping Association. This seal of accreditation recognizes camps that have met certain standards in the area of administration, program, personnel, and camp site.

While at 4-H Camp, campers will enjoy participating in the following activities: swimming, horseback riding, canoeing, crafts, archery, riflery, teambuilding, and lowropes. Campers will also enjoy traditional camp experiences of camp songs, bonfire, camp meals, skits, and more. 4-H Camp is an educational and Recreational experience campers will always remember.

The cost of the camp session is \$295 which includes camp fee, meals, transportation and a \$20 store card. Register for camp by completing a registration form (insert included) and return with a deposit of \$150.00 to Cabarrus County 4-H office. Space is limited and on a first come/first serve basis. **Make checks payable to: Cabarrus County.** The camp balance of \$145.00 will be due June 2, 2008. Partial scholarships available. Call Heather or Cynthia at 704-920-3310 for additional information.



Teen Retreat picture left to right: Sarah Westmoreland, Kelsey Graham, Madison McGlamery, Sarah Harper, and Taylor Furr

NEW CLUB

Non-profit Katie's Kidz dba K-9 Capers has now joined the Cabarrus County 4-H to continue our mission of helping youth to learn how to solve problems in a positive manner and to instill positive character development such as empathy, respect and responsibility through animal assisted programs. K-9 Capers meets weekly during the school calendar for dog-training instruction and various field trips to explore K-9 Sports. We will have on-going summer programs such as a week long summer Camp (July 21 – 25), Tail Waggin' Tutors reading program and community service programs such as Pet Safety and Empathy. Our 4-H meeting will be the second Saturday of the Month at the Saddle Club 10:30-12 unless notified otherwise. Please contact our office 704 721 6757 to learn how to volunteer or to become a member. You do not need to own a pet to join! Club is for ages 5-19. Jr. Handlers Training Club is for ages 9-18. Something for all ages.

Mark Your Calendar

All 4-H'ers 12 years of age and up are invited to Cedar Grove Retreat. There will be low ropes and a picnic to enjoy, Saturday, August 30, 2008. The cost is \$15.00. Please contact Heather Jones for registration information at 704-920-3310 or email at heather_jones@ncsu.edu.

What are you doing Saturday, April 19th? Come on out to the 3rd Annual Spring Herb & Plant Festival, Saturday, April 19, 2008, 8am-5pm at the Piedmont Farmers' Market, 518 Winecoff School Road, Concord 28027. Horticultural Speakers, Live Demonstrations, Garden Art, Live Herb & Perennial Plants, Published Authors, Garden Craftsmen, Extension Agents, Gardening Experts and much more. *See you there!*

Congratulations!

Way to go Kelsey Graham for being chosen to sing in the NC 4-H Choir. Kelsey and 4-H'ers from around the state will be recording "We are 4-H" to celebrate NC 100 years of 4-H. The choir will be singing at the 2008 4-H Gala in Raleigh.



2008 Poultry Poster Contest

2008 Theme is "chick chat" - (baby poultry)

Competition will be conducted on an individual basis in three divisions: Division I (9-12 years of age), Division II (13-15 years of age), Division III (16-19 years of age), and Division IV (5-8 years of age, county only competition). Posters should be a standard 22" x 28" size. Posters **must not** contain copyright material such as cartoon characters, etc. Currently there are no rules about what can or can not be used. Example: photos, clip art, pencil, crayon, markers, etc. Be creative and show us how you best express yourself with factual information and proper use of the poultry theme.

The following awards will be provided to state winners in Division I, II, and III by the U.S. Poultry and Egg Association and the NC Poultry Federation: First Place \$50, Second Place \$35, and Third Place \$25. Attach scorecard (see insert) to the back of your poster. Posters are due to the Cabarrus 4-H Office by June 30, 2008.

Send your club information to:
Sarah Harper by the third Wednesday
at email: countrycowgirl@carolina.rr.com
or mail to: 100 Russette Lane,
Midland, NC 28107



Sincerely,

Heather Jones,
Extension Agent
4-H Youth Development
704 920-3310 phone
704 920-3323 fax
hrjones@cabarruscounty.us



May Flow-

4-H is a community of young people across America who are learning leadership, citizenship and life skills.
NC Cooperative Extension
Cabarrus County Center
715 Cabarrus Ave., West
Concord, NC 28027



Kickin' Tails

In the end of February, Kickin' Tails attended the 4-H achievement night and awards ceremony at Troutman's Barbeque. Here we received our placings for the project books, which are as follows...

1st- Amber Huber
 1st- Sarah Harper
 1st- Ashley Huber
 1st- Taylor Burnette
 2nd- Hannah Harper
 2nd- Brittaney Crawford
 2nd- Erin Cashwell
 3rd- Sara McIntosh

CONGRATULATIONS to all the participants! The 1st and 2nd place winners will move on to state where more judging will take place! Also at achievement night Sarah Harper received the Pam Outen Big Smile Award! Kickin' Tails won the Community Service Award and the Most Project Books Completed Award! Thank you for everyone who turned in project books and helped with community service. On March 7th, our senior team (Erin Cashwell, Sarah Harper, Sara McIntosh, and Ashley Huber) and the Junior team (Hannah Harper, Brooke Underwood, Angela Fowler, and Kaitlin Lomax) headed to Greensboro for an overnight trip for the state hippology test. The junior test was 70 questions regarding information about horses. The senior test consisted of three parts; team problem, 50 id slides, and a 100 question test. We know everyone did the best they could and hope to place high when we complete the second half of hippology in mid April. On March 15th and 16th, Sarah Harper went to the last Northwest/Southwest Teen Retreat at the Betsy-Jeff Penn Camping Center. This was the last Northwest/Southwest teen retreat before the redistricting. When asked about her experiences, she said " The two workshops I went to were swing dancing and team building. They were lots of fun and I learned a lot. I stayed in an A-shaped cabin!" We hope to finish March off and start in on April with community service at the Fork CCI *** World Cup! We can't wait!

Sara McIntosh

Odell 4-H Club

Odell 4-H Club met on **February 11th** at Gilwood church. We learned about different kinds of soil by using a soil texture feel key to find out if we had sand or clay in our samples. Rebecca Karriker told us how to make a rag quilt. She brought the quilt she made for her baby brother and explained all the steps in how she had made it. We discussed making a butterfly garden at a local assisted living center, and having a bake sale to raise money for the Horse Protection society. We may have a chance to learn how to show goats very soon. We enjoyed delicious refreshments brought by Courtney Stallings. Our next meeting will be on March 10th.

On Monday, **March 10th** the Odell 4-H club met at Gilwood Church. We talked about what kind of flowers to put in our butterfly garden. We did an experiment on how fast water would go through clay soil and good garden soil. Then we pretended to be soil particles and a "rain drop" tried to get by us. We learned that water can't go through clay as easily as it can garden soil. We will have to add compost to the soil before we plant our butterfly garden. We are proud of Lauren Smith, Danielle Lantz, and Arielle Olson whose project books were winners. We're especially proud of Sarah Westmoreland who was junior 4-H'er of the year. Kyla Olson gave a presentation about milking a goat. Then we talked about good things to do for a successful presentation.

Kyla Olson, Reporter

Rimer Sunshine Cloverbuds

The group met in March to review Consumer Education. There were 8 members present. After a brief business meeting to review the upcoming meetings (April 18th - Hall's Program, May 2nd - Cystic Fibrosis Foundation Bike-A-Thon and June 13th - Horse Farm tour). The meeting started with a discussion and review of different countries that mint and print money. The group then viewed some of the hidden security features using a magnification tool. Everyone had the opportunity to design their own coin and dollar bill. Also in recognition of the upcoming St. Patrick's Day a craft to prepare a Shamrock magnet with Pom-Pom's was available for everyone. The meeting adjourned after enjoying the snacks provided.

Caleb Campbell



insert

Yea! 4-H

Career Exploration 4-H Poster Contest

Who can participate? All youth ages 9 –18

- 9-10 Age Division
- 11-13 Age Division
- 14-18 Age Division

When? During the months of April, May, and June. Posters due to Cabarrus County 4-H office no later than, Wednesday, May 28, 2008.

Where? You can participate in your local community

Why? To investigate and learn more about a career that interests you

Theme? “Career Exploration”

How?

1. Poster must be on standard poster board and must be of uniform size 22” X 28”– other sizes are ineligible.
2. Use theme to select a career you are interested in and share it with us! For example: “Explore Nursing.”
3. Copyrighted materials should not be used i.e. newspaper and film cartoon characters may not be used.
4. Posters must contain only original artwork done by the artist (cut outs from magazines /prefab or professional clipart is not allowed).
5. Keep it simple and to the point.
6. Display the poster in a prominent location in your hometown during the month of May or June. For example: local library, grocery store, school, or extension office.
7. Complete a contest entry form and tape/paste it on the back of your poster.

Scoring Guidelines?

- Originality – attracts attention, holds interest 30 points
- Follows career theme 30 points
- Conveys message – easily understood 15 points
- Accurate information – factual 15 points
- General appearance – well planned, good design, easy to read 10 points

Winners?

The top two posters in each age division from each participating county will move onto district competition. District competition will be held during the seven 4-H District Activity Days with the top poster in each age division at each of the district level events competing for state awards. The state competition will be held in July during 4-H Congress. All State level entries will be displayed on Tuesday of 4-H Congress.

Prizes?

- Every entry will receive a participation certificate.
- County Winners: in each age divisions receive a certificate.
- District Winners: in each age division will receive a District Award Ribbon.
- State Winners: in each age division will receive a State Award Ribbon and \$25 cash prize.

More Information? Please call Heather or Cynthia at 704-920-3310 or email Heather Jones, heather_jones@ncsu.edu or Cynthia Brown, cynthia_brown@ncsu.edu.

Yea! 4-H	insert	
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Career Poster Entry Form

Due May 28, 2008

Entry Form

To be placed on the back of the poster

Participants Name: _____

Mailing Address:

County: _____

Age Division: 9-10 11-13 14-18

List where the poster was displayed locally: Cabarrus County Cooperative Extension

April 2008



insert

Yea! 4-H



Millstone 4-H Camp

Cabarrus County 4-H

Summer 2008

August 3-8, 2008

Registration Form

(Please print clearly. Fill out a separate form for each camper.)

Camper Name: _____

Age: _____ DOB: _____ Gender: _____

Address: _____

County: _____ City: _____ State: _____ Zip: _____

Parent/Guardian Name: _____

Home phone: _____ Work: _____ Cell: _____

Email: _____

The fee is \$295 which includes camp fee, meals, transportation and a \$20 store card.

Deposit of \$150.00 is required to hold campers spot with the balance of \$145.00 due June 2, 2008.

Please make checks payable to: Cabarrus County

For additional information contact Heather Jones or Cynthia Brown at 704-920-3310.

Yea! 4-H	insert	
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POULTRY POSTER CONTEST SCORECARD

Please attach to the back of your poster

Name:

Address:

County:

Age as of January 1, 2008:

Birthday:

Email:

Photo Release:

"I _____ (your name) give permission for my photo to be posted on the poultry 4H website and permission for the poster to be scanned for placement on the website and on a banner. *(It is not mandatory that you sign this, and will have no impact on your selection).* _____ - please sign your name

Division I = 9-12 years of age, Division II = 13-15 years of age,
 Division III = 16-19 years of age, Division IV 5-8 years of age

DO NOT WRITE BELOW THIS LINE

Category	Possible	Your
1. Attracts attention: holds interest	15	
2. Original	15	
3. Easily understood: conveys a clear, favorable message	15	
4. Good design, well planned, easily read	15	
5. Accurate, factual information	15	
6. Neat	15	
7. Name, address, age, display information taped to poster	10	
TOTAL POSSIBLE POINTS	100	



insert

Yea! 4-H



4-H Fashion Revue Form



Name: _____ Phone: _____

Address: _____

City: _____ Zip: _____ Age (as of Jan. 1) _____

4-H Club or group: _____

PLEASE CHECK THE CATEGORY YOU WANT TO ENTER THIS GARMENT IN

CLOVERBUD 5-8 years _____

GARMENTS FEATURING HANDWORK 9-18 years _____
Embroidery, Fabric painting, stenciling, etc.

SLEEPWEAR 9-18 years _____

BOYS Pre-teen 9-10 years _____
(4-H'ers who have Early teen 11-13 years _____
sewn as a Cloverbud Senior teen 14-18 years _____
may enter this category)

CASUAL GARMENTS Pre-teen girls 9-10 years _____
Garments include pants, shorts Early teen girls 11-13 years _____
jumpsuits, knickers, etc. Senior teen girls 14-18 years _____

CASUAL DRESSES Pre-teen girls 9-10 years _____
Casual dresses include dresses, Early teen girls 11-13 years _____
sundresses, skirts, etc. Senior teen girls 14-18 years _____

COTTON GARMENTS 9-13 years _____
Any type of garment using fabric of at least 60% cotton

WOOL GARMENTS 9-18 years _____

BEST Pre-teen girls 9-10 years _____
Includes church wear, Early teen girls 11-13 years _____
Weddings, dinner, etc. Senior teen girls 14-18 years _____

PARTY Senior teen girls 13-18 years _____

PLEASE RETURN FORM TO COOPERATIVE EXTENSION SERVICE

Attn: 4-H Fashion Revue
715 Cabarrus Avenue West
Concord, NC 28027



insert

Yea! 4-H



The 4-H Expressive Arts Celebration



- Who: All Cabarrus 4-H Members, ages 5-18
- What: The talent portion of the Cabarrus 4-H Expressive Arts Celebration! Also participating will be entrants in the Cabarrus 4-H Fashion Revue!
- Why: To strut your stuff! We encourage all Cabarrus 4-H groups to be represented by singers, dancers, musicians, story tellers, gymnasts, and the like.
- How: All acts must pre-register using the below form, including the required parent/guardian signature, by the 4-H Office advertised date. No walk-up acts will be allowed to perform. All acts should be in good taste and not contain inappropriate or suggestive language, costumes, musical lyrics, or dance moves. All acts must last less than 5 minutes. *Please complete a form for each talent you will be performing.* Sign up today!!

Anyone with questions should call Heather Jones at 704-920-3310.

[Detach Here](#)

Yes, I want to perform my special talent in the 4-H Expressive Arts Celebration!

Name: _____ Phone: _____

Address: _____

City: _____ Zip: _____ Age (as of Jan. 1) _____

4-H Club or group: _____

Type of Talent (vocal solo, dancing, etc.): _____

Name of Act (song, story, dance, etc.): _____

Length of Act (must be under 5 minutes): _____

Equipment needed (piano, CD player, Cassette tape player, etc.): _____

Parents/Guardian's Signature Required:

As the parent/guardian of 4-H member, _____, I have observed the complete talent act of my son/daughter and found it to be in good taste without any inappropriate language, costumes, musical lyrics, or dance moves. I approve of the talent act my child is entering in the Cabarrus 4-H Expressive Arts Celebration.

X _____