



Cabarrus County 4-H Newsletter August 2009

Cabarrus County Center
715 Cabarrus Avenue West
Concord, NC 28027
Office Hours: 8am-5pm, Monday-Friday
Phone: 704 920-3310 Fax: 704 920-3323
4-H Website: www.cabarruscounty4h.com
Extension Website: www.ces.ncsu.edu/cabarrus

Check it out!!!

Cabarrus County 4-H Blog

<http://cabarruscounty4h.blogspot.com>

The blog is updated with Cabarrus County 4-H pictures often.

and

www.nc4h100.org

4-H Calendar

- Aug. 4, County Council and Adult Volunteer Association meeting, 6:30pm
- Aug. 6, Shooting Sports Club initial meeting
- Sept. 2, Youth Advisory Council meeting 6pm
- Sept. 7, Office closed
- Sept. 11-19, Cabarrus County Fair
- Sept. 12, Make It With Wool Competition
- Sept. 15, Volunteer Cluster Training, Electricity curriculum, Charlotte, 6:30pm
- Oct. 8, Volunteer Cluster Training, Horticulture Curriculum, Charlotte, 6:30pm
- Oct. 15, Ambassador Portfolios due
- Oct. 26, Cabarrus 4-H Foundation meeting, 7pm
- Nov. 8, Cabarrus County Horse Council 6pm
- Nov. 11, Office Closed, Veteran's Day
- Nov. 12, Volunteer Cluster Training, Holiday Crafts, Charlotte, 6:30pm
- Nov. 21-22, State 4-H Council Conference
- Nov. 26-27, Office Closed, Thanksgiving
- Dec. 3, County Council & Adult Volunteer Association meeting 6:30-8pm

2009 Cabarrus County Fair

The following clubs have reserved a spot for a fair booth. Clubs need to go to www.cabarruscountyfair.com to complete the entry form and proper paperwork. The deadline is August 12.

Golden Saddle	Heartland	Kickin' Tails
Hoofbeats	K-9 Capers	
Rimer	Rimer Cloverbuds	TEAM
Flowers Store	Encore	
Explorers	Helping Hands	Odell

We look forward to seeing some great education booths at the fair this year!

We will be having a 4-H Centennial Celebration at the fair Tuesday, September 15. Bring your 4-H passport to receive free admission to the fair Tuesday.

Have you been practicing your jumprope skills? 4-H'ers from across the county will be showing off their jumproping Wednesday, September 16 from 4 – 6pm on the main stage. Jump In With 4-H!

Youth and adults are encouraged to participate in the fair by entering artwork, jams and jellies, plants, needlework, photographs and much more. Entry forms and rules and regulations can be found at www.cabarruscountyfair.com.

2009 North Carolina State Fair

"A Whole Lotta Happy"
ncstatefair.org

Cabarrus County 4-H has the responsibility and opportunity to make and display a booth at the state fair this year. The booth theme is "A Whole Lotta Healthy" – highlighting ways to stay healthy. We will use the "100 Ways to Stay Healthy" list compiled at a recent county council meeting.

Youth and adults are encouraged to enter items in the state fair. Premiums are awarded and there is a county sweepstakes award for the most points per county entered by 4-H'ers. It would be great to see entries by Cabarrus County.

State fair books can be picked up at the office.





Head on out to the 2009 Piedmont Farmers' Market

Kannapolis/Concord	Saturdays , 8am-12pm, April 25-December 19 Tuesdays , 8am-12pm, June 2-August 25 518 Winecoff School Rd, Corner of Orphanage Rd & Winecoff School Rd, Across from Food Lion
Harrisburg	Mondays , 4-7pm, May 18-September 28 6960 Robinson Church Rd, next to restored post office & train tracks
CMC NorthEast	Tuesdays , 3pm-7:30pm, June 2-?, employee parking deck, corner of Medical Park Drive and Memorial Drive, Visitors may park in the "N" parking lot or at Carolina Mall.
Concord Downtown	Wednesdays , 11am-1pm, June 3-August 26 24 Market St, next to Concord Police station
NC Research Campus	Thursdays , 4-7pm, May 7-October 29 215-249 West Avenue, Kannapolis, parking lot by The Perfect Choice/Transit Damage Furniture
Midland	Thursdays , 4-7pm, June 4-August 27, at New Horizon's Baptist Church, Hwy 601 near the intersection of 24/27.

MAKE IT WITH WOOL (MIWW) COMPETITION

SATURDAY, SEPTEMBER 12, 2009, 9 AM – 4 PM
FASHION REVIEW 2:30 PM
Cabarrus County Fair, Cabarrus County Arena and Events Center,
4751 Highway 49 North, Concord, NC 28025
Information at www.cabarruscounty4h.com



Cabarrus County 4-H Shooting Sports Club
Ages 9 – 18 and Parents!

The new shooting sports club will have an organizational meeting at the Cabarrus County Cooperative Extension Office Thursday, August 6 at 6:30 pm. Interested youth and adults are invited to attend.

Back to Basics Summer Fling Class

In support of Cabarrus County's local food initiative, Cabarrus County Cooperative Extension/4-H offered a summer youth program 'Back to Basics.' The three day class introduced gardening, cooking, sewing and canning skills to youth ages eight to 13. Teachers and facilitators of the class included Cabarrus County Cooperative Extension horticulture agent, livestock agent, family and consumer science agent, county extension director and 4-H agent. Participants were able to learn by doing while visiting a peach orchard, farm, garden and dairy. 100 percent of the youth participating reported they would share something they learned in the class with a friend or family member. As a result of the class, 85 percent of the youth reported they were now able to very easily pick a good tomato while 69 percent of the youth reported they could easily make jelly.



How are your jumprope skills? We hope you have been practicing so that we can have some great showcases this fall. 4-H'ers are invited to jump at the fair Wednesday, September 16 and at the Campus Farmer's Market in Kannapolis Thursday, October 8.





Summer Fling

Fitness Day Camp

August 11

Ages 8 – 13

8:30 a.m. – 5:00 p.m.

A day filled with fitness! Activities will include dancing, learning how to incorporate fitness into each day, making a healthy snack and playing games. Participants will need to bring a lunch. \$12

Fantastic Fair Fun

August 18-19

Ages 8 – 13

8:30 a.m. – 5:00 p.m.

This camp will give participants a chance to make at least 5 crafts to enter in the Cabarrus County Fair. Items will be kept at the 4-H Office and then taken to the fair by Cooperative Extension staff. Participants will make a variety of items and sample fair food. Participants will need to bring a bag lunch. \$45

To register go to <http://www.cabarruscounty.us/ReservePartner>

Clubs – Remember to record your community service so that you can be properly recognized at the end of the year.

Cabarrus County 4-H County Council

August 4, 6:30 pm – 8:00 pm

All Cabarrus County 4-H'ers and volunteers are invited to attend.

See a presentation, work on the county scrapbook and eat NC 4-H Centennial ice cream. We will also work on the state fair booth.

Magic of Electricity

- Who: Youth ages 8 - 12
- What: A research-based curriculum designed to help young people learn about electricity. All activities and projects in Magic of Electricity include hands-on opportunities.
- Where: Cabarrus County Cooperative Extension Office
- When: October 21, 28 and November 4, 1:00 pm—3:00 pm
- Cost: \$18

To register go to <http://www.cabarruscounty.us/ReservePartner>

Cabarrus 4-H'ers win competitions at State Congress

Three Cabarrus County 4-H'ers were recognized during State 4-H Congress, held in Raleigh July 20 - 24. Congress is the high point of the 4-H year, bringing young people from across the state to the North Carolina State University campus for a week of activity.

The following young people prepared and delivered presentations in their respective division in front of a panel of judges.

Kayla Bollenbecker – Peanut Foods (9 – 10 year old) – Gold Winner
Holly Pennell – Forestry and Wildlife (11 – 13 year old) – Silver Winner
Arielle Olson – Plant Science/Artistic Arrangement (14 – 18 year old) – Silver Winner
Seth Bollenbecker – Public Speaking (14 – 18 year old) – Silver Winner

Cooper McAuley also presented in Health and Fitness while Courtney Stallings presented in Bugs and Bees.

Approximately 750 4-H'ers, volunteer leaders and North Carolina Cooperative Extension agents and volunteers attended 4-H Congress and celebrated the NC 4-H Centennial.

**Congratulations
Seth Bollenbecker
and
Kelsey Graham
for successfully
earning the Bronze
Level of the
NC 4-H
Ambassador
Program.**





CLUB NEWS

Wildlife 4-H Club

On April 18, the 4-H Wildlife Club participated in the Earth Day celebration at Franke Liske Park. We had two tables that included things like origami made from recycled newspaper, wasp traps made from old plastic bottles, & instructions on how to make a wooden bluebird house.

On May 18, we went on a hike at Morrow Mtn. State Park & enjoyed the beauty of nature. We found a turtle laying beside a log & a black rat snake sunning itself on some leaves.

Zachary Bailey
Wildlife Club Reporter



Are you getting ready to go back to school?

**Send your club information to:
Bailey Glenn by the third Wednesday
at email: bailsglenn@bellsouth.net
or mail to: Bailey Glenn
5026 S Parview Dr
Charlotte, NC 28226**



Southern Regional Volunteer Forum

October 1-4, 2009 - Rock Eagle 4-H Center - Eatonton, GA Host State: Alabama

Come and meet with other volunteers and 4-H Agents from around the Southern Region of the United States. There will be workshops, funshops, activities, service learning projects, and speakers. Cost is \$250.00 if registered before September 1, 2009. Call or email Heather Jones hrjones@cabarruscounty.us or Cynthia Brown ccbrown@cabarruscounty.us 704-920-3310 for a registration packet and scholarship information.

Sincerely,

Heather Jones,
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