



Cabarrus County 4-H Newsletter December 2007

Cabarrus County Center
715 Cabarrus Avenue West
Concord, NC 28027
Office Hours: 8am-5pm, Monday-Friday
Phone: 704 920-3310 Fax: 704 920-3323
4-H Website: www.cabarruscounty4h.com
Extension Website: www.ces.ncsu.edu/cabarrus

State 4-H College Scholarships due in January

Any 4-H high school senior is invited to apply to the many scholarships offered by the State 4-H. Applications are online at: <http://www.nc4h.org/publications/forms/index.php>. Applications must be turned in complete to Cabarrus County 4-H office by Thursday, January 10, 2008. If you have any questions please call the 4-H office at 704-920-3310.

Important Recognition Forms Due Thursday, January 10, 2008

We hope that all clubs will participate in recognizing club members and leaders. Nomination forms for awards are due January 10, 2008 and will be given out at the Achievement Night. Recognition forms are included in leader packs and can be accessed at: www.cabarruscounty4h.com

1. All clubs must total their community service hours and complete a "Community Service 4-H Club of the Year" form.
2. List club members and names of projects they turned in for 2007 and your club may be recognized as a "Project Completion 4-H Club."
3. The "Cabarrus 4-H Volunteer Leader of the Year" application may be completed by leader, fellow leader, or a 4-H'er.
4. For those of you who love 4-H and can't help but tell others about it, don't forget to apply for the "Pam Outen's Big Smile Award."
5. Remember that clubs can complete a group project record book documenting the work you did on 'Treasures of 4-H' in 2007. Awards are given to the top group project record books.
6. Generous scholarships are given to the Outstanding Junior (9 – 13) and Senior (14 – 18) 4-H members who win this award. Two junior scholarships of \$200 and two senior scholarships of \$550 will be awarded.

4-H Calendar

- Dec. 4, 4-H Holiday Celebration, 6:30-8pm
- Dec. 10, Notary available 5-7pm
- Dec. 14, Enrollment forms & club paperwork due
- Dec. 24-26, 4-H Office closed
- Jan. 4, Teen Lock In RSVP due
- Jan. 10, 2008, 4-H project records, recognition forms & scholarship applications due
- Jan. 11, Teen Lock In, Charlotte
- Jan. 15, Club officer & Leader retreat, 6-8pm
- Jan. 22-23, A Day in with 4-H, 8:30am-4:30pm
- Jan. 24, Yea! 4-H training, part 2
- Feb 4, Mission Nutrition, 1:30-3:30pm
- Feb. 7, Cabarrus County Volunteer Leader training, 6:30-8pm
- Feb. 11, Mission Nutrition, 1:30-3:30pm
- Feb. 18, Mission Nutrition, 1:30-3:30pm
- Feb. 23, 4-H Achievement Night
- Feb. 25, Mission Nutrition, 1:30-3:30pm
- Aug. 3-8, Jr. 4-H camp at Millstone





Reminder

2008 enrollment forms and club paperwork are due to the Extension Office December 14, 2007. A notary will be available to notarize medical forms December 10, 5:00 pm – 7:00 pm at the Extension Office.

Mission Nutrition

Children ages seven to twelve are invited to participate in a nutrition education program, Mission Nutrition, at Cooperative Extension, Cabarrus County Center. Topics include hand washing, food safety, food production, nutritious foods and more! The meeting times are listed below and the cost for the class (including all sessions) is \$20. Participants will make a healthy snack each session and be given useful materials to take home.

Monday, February 4, 2008	1:30 pm—3:30 pm
Monday, February 11, 2008	1:30 pm—3:30 pm
Monday, February 18, 2008	1:30 pm—3:30 pm
Monday, February 25, 2008	1:30 pm—3:30 pm

To register go to:

<http://www.cabarruscounty.us/ReservePartner/?c=Common/Home>

A DAY IN WITH 4-H

January 22—23, 2008
8:30 am—4:30 pm

Kindergarten through fifth graders are invited to spend the staff development days with Cabarrus County 4-H. Participants will meet at the North Carolina Cooperative Extension Office, Cabarrus County Center January 22 and 23. Students will participate in games, **activities on healthy eating and exercise** and a service project. The cost is \$15/day. Participants will make snacks together and will need to **bring a lunch** each day.

Plan to spend all the staff development days with Cabarrus County 4-H: April 7, 2008 and May 6, 2008.

To register go to

<http://www.cabarruscounty.us/ReservePartner/?c=Common/Home>



Cloverbud
(ages 5 – 8)
Project Record
forms can found at:
www.cabarruscounty4h.com

Remember to write and send Thank You letters
for gifts you receive this holiday season!



Holiday Celebration

Tuesday, December 4, 2007 6:30 pm – 8:00 pm
 Caroling . . . Cookies . . . Cider . . . All 4-H families are invited!
 We will meet at the First Assembly Living Center for caroling at 6:30 pm
 and then go to the Extension Office for more fun!

Characteristics of a Successful Club

- ⇒ The club has at least five active members.
- ⇒ New members are recruited each year.
- ⇒ 4-H'ers are involved in club program planning.
- ⇒ Club members participate in county 4-H events, activities and programs.
- ⇒ The total family is involved in one or more club activities.
- ⇒ Basic parliamentary procedure is used in conducting meetings.
- ⇒ 4-H'ers may work together in small project groups.

How does your club rate?

What are you doing the summer of 2008?

Hold the dates for
 Junior 4-H
 Summer Camp
 August 3 – 8, 2008
 Millstone 4-H Camp,
 Ellerbe, NC
 Youth ages 8 – 13
 Look for additional
 information and
 registration
 in Spring 2008.

WINGS – Project Butterfly

Cabarrus County 4-H has some wonderful curriculum on butterflies. Clubs that are interested in using this curriculum will also be provided with live caterpillars this spring. Please let Heather know if you are interested in using WINGS.

Teen Lock-In

A district 4-H Teen Lock-In is scheduled for January 11, at First Ward Recreation Center in Mecklenburg County. The cost will be \$17 per person. There will be workshops on communication and expressive arts related careers, by professionals that work in those areas. We will go cosmic bowling, too. We will leave the Cabarrus County Extension Office Friday, January 11th at 6:30 pm (eat dinner before you come) and we will arrive back at the Extension Office Saturday January 12th at 8:30am. RSVP to Heather by January 4, 2008.

Notary Available December 10th

All 4-H'ers will need to complete an enrollment and medical form for the 2008 year. Club leaders have the forms and information. There will be a notary available at the 4-H office, Monday, December 10, 5:00 pm – 7:00 pm, to notarize medical forms.

Please take advantage of this service!



Explorers 4-H Club

During the month of September, the Explorer 4-H club participated in the 2007 Cabarrus County Fair by sponsoring a fair booth on fruits and vegetables. We also worked the 4-H Live booth at the fair. The meeting for the month of September focused on the importance of fruits and vegetables in your diet. During the month of October we celebrated 4-H month. We had a pizza party in honor of 4-H month at Ci Ci's Pizza in Kannapolis. Heather Jones attended our club meeting where she spoke about current 4-H issues. Our focus for the meeting was fire safety and we practiced various fire safety rules including "stop, drop, and roll." We did a craft project. We decorated canvas bags that we will use to store our personal 4-H materials. The Explorer 4-H club also participated in the National 4-H activities day at Carolina Mall. We had a booth on fruits and vegetables and a live booth where we demonstrated how to make pin cushions out of mason jar lids.
submitted by Destiny Moore

Rimer Sunshine Cloverbuds

We met on 10-13-07 at Cross of Christ Parish Hall. We made bookmarks and nametags. We finished our plans for our evening with the Rimer Rompers. On 10-14-07 our club met at the Cross of Christ Parish Hall and served a meal to the Rimer Rompers. We also entertained their group. Ethan Wickliffe played the violin. Hannah and Bailey Cruse performed a tap dance, along with Jennie Cruse and Brenda Hopson. Leonard Campbell played the piano and led everyone in song. Karen French led everyone in her favorite past time songs. Lastly, we gave all the Rimer Rompers a bookmark we made for them.
Submitted by: Bailey Cruse

Sincerely,

Heather Jones,
Extension Agent
4-H Youth Development
704 920-3310 phone
704 920-3323 fax
hrjones@cabarruscounty.us

Send your club information to:

Sarah Westmoreland by the third Wednesday
at email: westmorelandj@ctc.net
or mail: 2240 Canterbury Dr
Kannapolis, NC 28081



4-H is a **community** of **young people**
across **America** who are learning
leadership, citizenship and
life skills.

NC Cooperative Extension
Cabarrus County Center
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