



# Cabarrus County 4-H Newsletter May 2008

Cabarrus County Center  
715 Cabarrus Avenue West  
Concord, NC 28027  
Office Hours: 8am-5pm, Monday-Friday  
Phone: 704 920-3310 Fax: 704 920-3323  
4-H Website: [www.cabarruscounty4H.com](http://www.cabarruscounty4H.com)  
Extension Website: [www.ces.ncsu.edu/cabarrus](http://www.ces.ncsu.edu/cabarrus)

## Mark Your Calendar!

### County Activity Days

May 13 and 15, 6:00 – 8:00 p.m.

This is the time 4-H'ers will make presentations and give speeches.

Remember that the top two presentations in each category will represent Cabarrus County at District Activity Day June 25 in Iredell County. You may develop a presentation in the following areas.

### Tuesday, May 13

Peanut Foods  
Pork Cookery  
Beef Char Grill  
Turkey Barbeque  
Chicken Barbeque  
Breads  
Dairy Foods  
Egg Cookery  
Fruit and Vegetable Use  
Health and Fitness  
Safety  
Personal Development  
Fabric and Fashion Design  
Interior Design and Home Space  
Forestry and Wildlife  
Fisheries/Aquatic Resources  
Bugs and Bees  
Horse Public Speaking  
Careers and Entrepreneurship  
Horse

### Thursday, May 15

Electric  
Wheels and Engines  
Science and Technology  
Landscaping  
Horticultural Production/Marketing  
Crop Production  
Plant Science – Artistic Arrangement  
Public Speaking  
Photography and Video Production  
Livestock/Dairy Production  
Poultry  
Veterinary Science  
Soil and Water Conservation  
Expressive Arts and Communication  
Small and Companion Animal  
Citizenship and Civic Responsibility  
Community Service and Volunteerism  
Hospitality, Etiquette and Social Graces  
Open Class

If you will be participating in County Activity Day, please e-mail Heather ([hrjones@cabarruscounty.us](mailto:hrjones@cabarruscounty.us)) or call (704-920-3310) with the following information: name of 4-H'er, age as of January 1 and presentation category.

## 4-H Calendar

- May 1, State 4-H Equine Artistic Expression and Creative Writing contest entries due & Citizenship NC Focus registration deadline
- May 15, ARI applications due, Raleigh
- May 17-18, SWD Horse Show
- May 26, Memorial Day, Office Closed
- May 28, Career Poster contest entries due
- Jun. 2, Jr. 4-H camp balance due
- June 15-21, Horsemanship camp
- June 16-18, Citizenship NC Focus
- Jun. 25, SWD Activity Day, Iredell County
- June 30, Poultry Posters due
- July 3, NC Congress registration deadline
- July 4, Independence Day, Office Closed
- July 9, Horse Communication Contest
- July 10-13, State Horse Show, Raleigh
- July 21-25, NC Congress
- July 23, ARI Interviews
- Aug. 3-8, Jr. 4-H camp at Millstone
- Sept. 1, Labor Day, Office Closed
- Sept. 2-3, Cabarrus County Fair entries due
- Sept. 5-14, Cabarrus County Fair
- Oct. 17-26, NC State Fair

### New for 2008

4-H Clubs and individual 4-H'ers will have new opportunities to win awards for 2008. A **Recruitment Award** will be given to the club and individual who recruits the most new members. The new members will have to have an enrollment and medical form turned in to the 4-H office. Additionally, an **Attendance Award** will be given to the club with the highest attendance at county council. The Community Service Club of the Year and Project Record Book Completion Club of the Year will continue to be awarded. Each club and 4-H'er is encouraged to participate in a variety of 4-H opportunities and do the best you can in all that you do.





## SUMMER FLING 2008

Brochures can be found at [www.cabarruscounty4h.com](http://www.cabarruscounty4h.com) and participants may register at:

<http://www.cabarruscounty.us/ReservePartner/?c=Common/Home>

Full-day, week-long programming available in addition to part-day, individual classes.

Animals \* Expressive Arts \* Swimming \* Wildlife \* Cooking \* Hiking \* Racing \* Canoeing \* Mini-Society

### A Day In with 4-H

Monday, May 6

9 am – 4 pm

Cooperative Extension Office

\$15 and bring your own lunch

Activities will be related to agriculture in our lives.

Go to

<http://www.cabarruscounty.us/ReservePartner/?c=Common/Home>

to register.

### NC 4-H Horse Program Winter 2008 Newsletter

[http://www.cals.ncsu.edu/an\\_sci/extension/horse/4h\\_Horse/PDF\\_Files/2008%20winter-repaired.pdf](http://www.cals.ncsu.edu/an_sci/extension/horse/4h_Horse/PDF_Files/2008%20winter-repaired.pdf)

### Congratulations! State Horse

#### Judging & Hippology Participants

##### **Competition Results:**

**Juniors:** Individual Exam—10th place Brooke Underwood, Individual Judging—2nd place Hannah Harper, Individual Overall—4th place Hannah Harper, 7th place Brooke Underwood, and Team Overall—2nd place Hannah Harper, Brooke Underwood, Angela Fowler, and Kaitlyn Lomax.

**Seniors:** Individual Exam—2nd place Sarah Harper, Individual Judging—5th place Sarah Harper, and 10th place Erin Cashwell, Individual Overall—2nd place Sarah Harper, Team Problem—2nd place and Team Overall—3rd place Sarah Harper, Erin Cashwell, Ashley Huber, and Sara McIntosh.



### Mark Your Calendar

**All 4-H'ers 12 years of age and up** are invited to Cedar Grove Retreat. There will be low ropes and a picnic to enjoy, Saturday, August 30, 2008. The cost is \$15.00. Please contact Heather Jones for registration information at 704-920-3310 or email at [hrjones@cabarrusco.uncy.us](mailto:hrjones@cabarrusco.uncy.us)

### 2008 Poultry Poster Contest

2008 Theme is "chick chat" - (baby poultry)

Competition will be conducted on an individual basis in three divisions: Division I (9-12 years of age), Division II (13-15 years of age), Division III (16-19 years of age), and Division IV (5-8 years of age, county only competition). Posters should be a standard 22" x 28" size. Posters **must not** contain copyright material such as cartoon characters, etc. Currently there are no rules about what can or can not be used. Example: photos, clip art, pencil, crayon, markers, etc. Be creative and show us how you best express yourself with factual information and proper use of the poultry theme.

The following awards will be provided to state winners in Division I, II, and III by the U.S. Poultry and Egg Association and the NC Poultry Federation: First Place \$50, Second Place \$35, and Third Place \$25. Attach scorecard (see insert) to the back of your poster. Posters are due to the Cabarrus 4-H Office by June 30, 2008.



### Jr. 4-H Camp @ Millstone 4-H Center August 3 – 8, 2008

4-H Camp is an educational and recreational experience campers will always remember. Millstone 4-H Center is accredited by the American Camping Association. This seal of accreditation recognizes camps that have met certain standards in the area of administration, program, personnel, and camp site.

While at 4-H Camp, campers will enjoy participating in the following activities: swimming, horseback riding, canoeing, crafts, archery, riflery, teambuilding, and lowropes. Campers will also enjoy traditional camp experiences of camp songs, bonfire, camp meals, skits, and more. 4-H Camp is an educational and Recreational experience campers will always remember.

The cost of the camp session is \$295 which includes camp fee, meals, transportation and a \$20 store card. Register for camp by completing a registration form (insert included) and return with a deposit of \$150.00 to Cabarrus County 4-H office. Space is limited and on a first come/first serve basis. **Make checks payable to: Cabarrus County.** The camp balance of \$145.00 will be due June 2, 2008. Partial scholarships available. Call Heather or Cynthia at 704-920-3310 for additional information.

### Application, Resume, Interview (ARI)

ARI provides an opportunity for 4-H'ers 14 – 18 years old to practice skills related to completing an application, writing a resume and being interviewed. 4-H'ers who win ARI awards are given the opportunity to go on national 4-H trips.

Applicants can find forms at <http://www.nc4h.org/youth/awards.html>, under ARI. Completed applications and resumes must be submitted to the Cabarrus County 4-H office by 5:00 p.m. May 13. The top 100 applicants from across the state will be invited to interview at 4-H Congress in July.

*Categories for ARI include:*

Animal Science	Plant Science
Citizenship and Civic Education	Science and Technology
Communication Arts	Leadership and Citizenship
Family and Consumer Sciences	Leadership
Environment and Natural Resources	Healthy Lifestyles
Personal Development and Leadership	
Leadership, Citizenship, Community and Public Service	

### Statewide Service Project

Statewide Community Service: This year North Carolina 4-H is partnering with Stop Hunger Now (<http://www.stophungernow.org/>) for our statewide community service effort. All youth attending Congress are encouraged to raise money for this program. All money will be due in the State 4-H Office no later than June 1st, 2008. Based on the amount of money we receive, meals will be purchased to be assembled at a 'Hands To Service' activity on Wednesday of Congress. \$1.20 provides 1 bag of food, which provides 6 meals. For a gift of \$30, 25 meals can be provided. Please contact Heather or Cynthia for a donor form and fundraising form.

### Community Service Opportunity

Summer Readers' Festival at the Cabarrus County Arena and Events Center  
Wednesday, July 30, 2008 from 10:00 – 1:00

Cabarrus County 4-H will have a booth at this event. It will be an opportunity for us to share information about who we are and what we do.

Volunteers are needed to serve at the booth and also to assist children with carnival-type games. Please contact Heather if you are interested in this service opportunity.



**County Council Picnic**



June 6, 2008  
6 – 8 pm  
Frank Liske Park Wildlife Shelter

- \*Presentation of County Activity Day Awards
- \*Hot dogs, chips, fruit, cookies, drinks – donations will be accepted.
- \*Dog agility demonstration
- \*Fun and games!

**Teamwork Games Volunteer Training**

May 22, 6:30 p.m.  
Mecklenburg County Cooperative  
Extension Office, Charlotte  
Please contact Heather  
if you would like to carpool.

Sincerely,

Heather Jones,  
Extension Agent  
4-H Youth Development  
704 920-3310 phone  
704 920-3323 fax  
hrjones@cabarruscounty.us



**Send your club information to:  
Sarah Harper by the third Wednesday  
at email: [countrycowgirl@carolina.rr.com](mailto:countrycowgirl@carolina.rr.com)  
or mail to: 100 Russette Lane,  
Midland, NC 28107**

4-H is a **community** of **young people**  
across **America** who are learning  
**leadership, citizenship and**  
**life skills.**

NC Cooperative Extension  
Cabarrus County Center  
715 Cabarrus Ave., West  
Concord, NC 28027



### 4-H Explorers Club

#### **March**

The 4-H Explorers voted to close out the group checking account and leave the savings account open due to excessive monthly fees. The group voted to take the money that is remaining in the checking account and use this to help cover costs for a club tee shirt. The club voted on item number S-2645 in the 4-H catalog. The club is planning on taking a tour of the Cooperative Extension Office during spring break. The group will use this time to meet the staff and to browse through the various project books available. Time and date to be announced later. Each club member will receive a commemorative 100 year 4-H pin. Everyone who was an active member in the club for last year will receive a one year service pin. The group discussed various community service projects for the spring including planting a garden for the elderly, a food drive and fair booth ideas. There are scholarships available for camp. Everyone needs to apply! April 4 at 6 p.m. there is a presentation workshop at the Cooperative Extension Office. Everyone should plan to attend.

#### **April**

The Explorer 4-H club visited Lowe's Home Improvement in Concord, NC for their monthly meeting. While there, we learned about various herbs, flowers and vegetable plants. We plan to start a small garden for 3 senior couples and maintain them throughout the summer. We chose various plants and seeds that would be included in our garden project.

### Kickin' Tails 4-H Club

During the end of March and beginning of April the Kickin' Tails 4-H club began preparing for the state judging and hippology contest, by having weekly two and a half hour meetings. On the first of April we had a monthly meeting and consignment sale for all 4-H'ers in the club to help each other out by bringing our outgrown show clothes and horse supplies. This helped a lot considering this isn't a very cheep sport. April 5, WORLD CUP! Laura Harper was a dressage Scribe on the 3rd and worked with the judge closely. She got to see pre Olympic riders perform at their best! Erin Cashwell, Sara McIntosh, Sarah Harper, Taylor Burnett, Hannah Harper, Laura Harper, and Angela McIntosh attended the CIC\*\*\*World cup pre Olympic trials for 3 day eventing at the Fork. We volunteered and had a lot of fun being jump judges! We were able to take pictures, video tape, and most of all watch people do what many of us dream to do when we grow up. Hannah Harper, Sara McIntosh, Angela McIntosh, and Laura Harper returned to the Fork on the 13th to jump judge the novice and baby novice riders. These jumps of course were lower than the weekend before, however it was still a sight to see! A Great big Congratulations is in order for our JR and SR hippo and Judging teams. We went to Raleigh on Friday, April 18th, to compete in the 2nd phase of the state hippo contest, as well as the state horse judging contest. After a very long day in the sun, I am very proud to announce that our Jr hippo team placed 2nd overall in the state, and 3rd overall in Judging!!!, the team was comprised of Hannah Harper, Brooke Underwood, Kaitlyn Lomax and Angela Fowler. These girls did a great job, Hannah was the Jr. State horse judging champion, with Brooke right behind her in 6th place overall high individual. they placed in almost every possible category, THEY ROCKED!!! They have been working hard since Sept 07. On to the SR team, comprised of Sarah Harper, Erin Cashwell, Ashley Huber and Sara McIntosh, let me just say the did some tail kickin of their own. In Hippo they won 2nd in the team problem, 3rd overall high team. Sarah Harper won Horseman of the year reserve champion for hippo, (2nd), Erin was 10th in hippology judging. For judging they placed 4th overall high team, With Sarah Harper winning 2nd over all high individual, and Sara McIntosh won 8th high individual. The Girls also placed in almost every category. Both Sarah Harper and Sara McIntosh, have made the Regional Judging team, and Sarah Harper has also made the regional Hippology team. Sarah won a belt buckle! The girls all worked hard, and next year we are going to do even better. Laura Harper was asked to coach the National hippology team, so she will be very busy with that! We are looking forward to the Horse Leg Dissection on the 25th. We are very honored to have the 4-Hers we have in our club, but it wouldn't be anything without Laura Harper! Congratulations everyone!

Submitted by, Sara McIntosh

### Odell 4-H Club

On April 14<sup>th</sup> the Odell 4-H Club met at Gilwood Church. Danielle opened the meeting and brought delicious refreshments. Michael Dale led the pledges, and Arielle read the minutes. We made paper pots out of newspaper, and planted flower seeds for our butterfly garden. We made our final plans to plant the garden at Concord House, a local assisted living center. We discussed a location for a bake sale in June. Courtney gave a fantastic presentation on Dance. On April 19<sup>th</sup>, we met at Concord House with flowers and herbs to plant our butterfly garden. We also planted a butterfly bush donated by Coddle Creek Nursery. Thank You again Coddle Creek Nursery!!!  
Kyla Olson, Reporter

### Rimer 4-H Club

The Rimer 4-H club held an Easter Egg hunt for the community on the Saturday before Easter. April 18th we held a hotdog supper for Relay for Life. We raised \$492.00 for Relay. Come out and support us on May 3rd at the Cabarrus Arena and Events center for the walk.



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Yea! 4-H

# Career Exploration 4-H Poster Contest

**Who can participate?** All youth ages 9 –18

- 9-10 Age Division
- 11-13 Age Division
- 14-18 Age Division

**When?** During the months of April, May, and June. Posters due to Cabarrus County 4-H office no later than, Wednesday, May 28, 2008.

**Where?** You can participate in your local community

**Why?** To investigate and learn more about a career that interests you

**Theme?** “Career Exploration”

**How?**

1. Poster must be on standard poster board and must be of uniform size 22” X 28”– other sizes are ineligible.
2. Use theme to select a career you are interested in and share it with us! For example: “Explore Nursing.”
3. Copyrighted materials should not be used i.e. newspaper and film cartoon characters may not be used.
4. Posters must contain only original artwork done by the artist (cut outs from magazines /prefab or professional clipart is not allowed).
5. Keep it simple and to the point.
6. Display the poster in a prominent location in your hometown during the month of May or June. For example: local library, grocery store, school, or extension office.
7. Complete a contest entry form and tape/paste it on the back of your poster.

**Scoring Guidelines?**

- Originality – attracts attention, holds interest . . . . . 30 points
- Follows career theme . . . . . 30 points
- Conveys message – easily understood . . . . . 15 points
- Accurate information – factual . . . . . 15 points
- General appearance – well planned, good design, easy to read . . . . . 10 points

**Winners?**

The top two posters in each age division from each participating county will move onto district competition. District competition will be held during the seven 4-H District Activity Days with the top poster in each age division at each of the district level events competing for state awards. The state competition will be held in July during 4-H Congress. All State level entries will be displayed on Tuesday of 4-H Congress.

**Prizes?**

- Every entry will receive a participation certificate.
- County Winners: in each age divisions receive a certificate.
- District Winners: in each age division will receive a District Award Ribbon.
- State Winners: in each age division will receive a State Award Ribbon and \$25 cash prize.

**More Information?** Please call Heather or Cynthia at 704-920-3310 or email Heather Jones, heather\_jones@ncsu.edu or Cynthia Brown, cynthia\_brown@ncsu.edu.

Yea! 4-H	insert	
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**Career Poster Entry Form**

Due May 28, 2008

**Entry Form**

To be placed on the back of the poster

**Participants Name:** \_\_\_\_\_

**Mailing Address:**  
\_\_\_\_\_  
\_\_\_\_\_

**County:** \_\_\_\_\_

**Age Division:**     9-10         11-13         14-18

**List where the poster was displayed locally:** Cabarrus County Cooperative Extension

May 2008



insert

Yea! 4-H



**Millstone 4-H Camp**

Cabarrus County 4-H

Summer 2008

August 3-8, 2008

Registration Form

(Please print clearly. Fill out a separate form for each camper.)

Camper Name: \_\_\_\_\_

Age: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_

County: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Home phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

The fee is \$295 which includes camp fee, meals, transportation and a \$20 store card.

Deposit of \$150.00 is required to hold campers spot with the balance of \$145.00 due June 2, 2008.

**Please make checks payable to: Cabarrus County**

For additional information contact Heather Jones or Cynthia Brown at 704-920-3310.

Yea! 4-H

insert



## POULTRY POSTER CONTEST SCORECARD

Please attach to the back of your poster

Name:

Address:

County:

Age as of January 1, 2008:

Birthday:

Email:

Photo Release:

"I \_\_\_\_\_ (your name) give permission for my photo to be posted on the poultry 4H website and permission for the poster to be scanned for placement on the website and on a banner. *(It is not mandatory that you sign this, and will have no impact on your selection).* \_\_\_\_\_ - please sign your name

Division I = 9-12 years of age, Division II = 13-15 years of age,  
Division III = 16-19 years of age, Division IV 5-8 years of age

**DO NOT WRITE BELOW THIS LINE**

Category	Possible Points	Your Score
1. Attracts attention: holds interest	15	
2. Original	15	
3. Easily understood: conveys a clear, favorable message	15	
4. Good design, well planned, easily read	15	
5. Accurate, factual information	15	
6. Neat	15	
7. Name, address, age, display information taped to poster	10	
<b>TOTAL POSSIBLE POINTS</b>	<b>100</b>	