



Cabarrus County 4-H Newsletter November 2007

Cabarrus County Center
715 Cabarrus Avenue West
Concord, NC 28027
Office Hours: 8am-5pm, Monday-Friday
Phone: 704 920-3310 Fax: 704 920-3323
4-H Website: www.cabarruscounty4H.com
Extension Website: www.ces.ncsu.edu/cabarrus

4-H Leaders' Appreciation Banquet

The County Council officers invite all volunteers to *Clover Island*, November 15, at the Cooperative Extension Office, 6:30 p.m. Volunteers will enjoy a meal, luau games and recognition. Please RSVP to 704-920-3310 by November 8.

State 4-H College Scholarships due in January

Any 4-H high school senior is invited to apply to the many scholarships offered by the State 4-H. Applications are online at: <http://www.nc4h.org/publications/forms/index.php>. Applications must be turned in complete to Cabarrus County 4-H office by Thursday, January 10, 2008. If you have any questions please call the 4-H office at 704-920-3310.

4-H SWD Volunteer Leader Fall Day

Saturday, November 17, 2007, Gastonia Police Dept. Facility Gastonia, North Carolina
9am-1:30pm, Cost: \$6.00 (includes refreshments, lunch and workshops)

Deadline to register is November 9! RSVP to Heather

Workshop Topics:

Manners Matter- An etiquette curriculum with consecutive lesson plans for 3 age groups (5-8, 9-12 and 13-19). The lesson plans will be discussed and ideas will be given on how to deliver this important information. Instructors: Nicole Tadt, Alexander 4-H Volunteer Leader & Suzanne Rhinehart, Alexander County 4-H Agent. **(Workshop Sessions 2 & 3)**

Effective Teaching & Learning- One of the GOLD level requirements for the North Carolina 4-H Master Volunteer Achievement in Continuing Education (ACE) program. Learn how to develop an appreciation for a variety of learning styles, impact of personal learning styles on teaching style & strategies in teaching to varied learning styles.

Instructor: Suzanne Rhinehart, Alexander County 4-H Agent. **(Workshop Session 1)**

4-H Livestock Skillathon -Livestock Skillathon is a knowledge test on breed identification, equipment identification, feed samples and basic knowledge about cattle, sheep, goats and swine. A mock skillathon will be held for those taking the class to experience an actual event. Instructor: Tammy Thomas-Catawba County 4-H Livestock Club Volunteer Leader.

(Workshop Session 2)

4-H Insect-ucational Science- Learn how to get your 4-H'ers excited about learning about insects through hands on activities. Instructor: Laura Wahlers, Alexander County 4-H Volunteer Leader. **(Workshop Session 1)**

4-H TRY-IT Program Learn about 4-H TRY-IT Program and keep your teens involved in 4-H in their teen years. Instructor: Chris Caveny-Cox, Gaston County 4-H Agent. **(Workshop Session 1)**

What's New in 4-H Horticulture Sciences- Tart and tasty begonias, fairy dust soils and rampant, rambling wheat are just the beginnings of the 4-H Plant and Soils program. Areas of crop, horticulture and soil science will be covered to learn about the possibilities that await curious and questioning youth (of all ages). Established and upcoming 4-H programs, curriculum and sampling of horticultural activities through hands-on explorations. Instructor: Liz Driscoll, 4-H subject matter specialist from NC State. **(Workshop Sessions 2 & 3)**

ACE Credits- If you are in need of a Bronze or Silver level class for ACE, email Suzanne_Rhinehart@ncsu.edu with name of class that you need to take. If we receive at least 3 requests for a specific class, we will offer the class during the 3rd workshop period.

4-H Calendar

- Nov. 2, RSVP due for Nov. 6 Volunteer Training
- Nov. 6, Volunteer Training, Science Discovery curriculum, Charlotte, 6:30pm
- Nov. 8, RSVP due for 4-H Leaders' Appreciation Banquet
- Nov. 9, RSVP due for 4-H SWD Volunteer Day
- Nov. 12, 4-H Office closed
- Nov. 15, 4-H Leaders' Appreciation Banquet, 6:30-8:30pm
- Nov. 16, Last day to purchase Mini Cooper tickets
- Nov. 17, SWD 4-H Volunteer Day
- Nov. 17-18, State Council Conference
- Nov. 18, Cabarrus 4-H Horse Council meeting, 6:30pm
- Nov. 22-23, 4-H Office closed
- Dec. 4, 4-H Holiday Celebration
- Dec. 24-26, 4-H Office closed
- Jan. 10, 2008, 4-H project records & scholarship applications due





Did you know?

The wild turkey is the largest game bird in North America. Adult gobblers weigh approximately 20 pounds and are about 40 inches tall; adult hens average 10 pounds and stand about 30 inches tall. The male's head is striking, displaying red, white and blue at different times. The hen's head is dull-colored, often bluish, with small feathers reaching up the back of the neck to the base of the head.

Mission Nutrition

Children ages seven to twelve are invited to participate in a nutrition education program, Mission Nutrition, at Cooperative Extension, Cabarrus County Center. Topics include hand washing, food safety, food production, nutritious foods and more! The meeting times are listed below and the cost for the class (including all sessions) is \$20. Participants will make a healthy snack each session and be given useful materials to take home.

Monday, February 4, 2008	1:30 pm—3:30 pm
Monday, February 11, 2008	1:30 pm—3:30 pm
Monday, February 18, 2008	1:30 pm—3:30 pm
Monday, February 25, 2008	1:30 pm—3:30 pm

To register go to:

<http://www.cabarruscounty.us/ReservePartner/?c=Common/Home>



Do you want to win a Mini Cooper?

The North Carolina 4-H Foundation has been gifted with a Mini Cooper from Hendrick Motorsports. Chance tickets are being sold for \$5 each; \$4 will stay in Cabarrus County. Stop by the extension office to purchase your tickets before November 16.

Pictures Needed

Please send any digital pictures of your club in action to Heather. The pictures will be used for a slide show at the 4-H Leaders' Appreciation Banquet.

What are you doing Tuesday, November 6th?

Come join Heather for 4-H Kids Night at Chic-Fil-A, Concord Commons. We will need volunteers to promote 4-H from 5-7pm. Join us for a night of fun! RSVP to Heather by October 31.

WINGS – Project Butterfly

Cabarrus County 4-H has some wonderful curriculum on butterflies. Clubs that are interested in using this curriculum will also be provided with live caterpillars this spring. Please let Heather know if you are interested in using WINGS.



Holiday Celebration

Tuesday, December 4, 2007 6:30 pm – 8:00 pm
 Caroling...Cookies...Cider
 All 4-H families are invited! Details will be sent at a later date.

Wildlife Classes for All Ages

Families may attend Fall Wildlife Classes held on select Saturdays at 11:00 a.m. at N.C. Cooperative Extension-Cabarrus County Center, 715 Cabarrus Avenue-West, Concord, presented by Melody Wilkes. Cost \$6.00 per person. Reservations are made online at: <http://www.cabarruscounty.us/ReservePartner/?c=Common/Home> click on Horticulture, then the classes of interest or by calling 704 920-3310.

November 10 – “Carolina Snakes and You”

Is the snake you see venomous or not? Many people ask this question. Find out the answers in this program where we discuss snake behaviors, patterns, diet and habitats. Find out how to reduce snake populations around your home. Live snake demonstrations of rat snakes and kingsnakes will be part of the learning experience.



Cabarrus 4-H'er wins competition at Congress

Sarah Harper (third from the right), 16, daughter of Laura and Mike Harper, is a member of the North Carolina Horsebowl Team which placed first at Quarter Horse Congress. Twenty-six teams from 23 states participated in the competition in which members were quizzed on knowledge of horses including anatomy, physiology, nutrition, reproduction and more. Team members study daily and will be competing in the national competition later this month in Louisville, KY.

What are you doing the summer of 2008?

Hold the dates for
 Junior 4-H
 Summer Camp
 August 3 – 8, 2008
 Millstone 4-H Camp,
 Ellerbe, NC
 Youth ages 8 – 13
 Look for additional
 information and
 registration
 in Spring 2008.





Notary Available December 10th

All 4-H'ers will need to complete an enrollment and medical form for the 2008 year. Club leaders have the forms and information. There will be a notary available at the 4-H office, Monday, December 10, 5:00 pm – 7:00 pm, to notarize medical forms. ***Please take advantage of this service!***



Sincerely,

Heather Jones,
Extension Agent
4-H Youth Development
704 920-3310 phone
704 920-3323 fax
hrjones@cabarruscounty.us

Send your club information to:
Sarah Westmoreland by the third Wednesday
at email: westmorelandj@ctc.net
or mail: 2240 Canterbury Dr
Kannapolis, NC 28081



4-H is a **community** of **young people**
across **America** who are learning
leadership, citizenship and
life skills.

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